

YOU SHOULD KNOW

Spiva Law Group, PC
Justice For Children Foundation
Howard Spiva
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Foodborne Illnesses Can Have Lifelong Consequences

Millions of people are sickened by foodborne illnesses each year, and about 128,000 Americans are hospitalized. Symptoms usually last from one to seven days, and include intestinal pain, vomiting, fever and even backaches. Most often, patients have a few uncomfortable days and then jump back into life after the acute pain has ended. But did you know that foodborne illnesses can cause lifetime repercussions? Kidney failure, chronic arthritis and brain damage are just some of the consequences that can develop after succumbing to a foodborne illness.

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Why Are Foodborne Illness Outbreaks on the Rise?



Last year was one for the record books at the Centers for Disease Control (CDC). They investigated more foodborne illness outbreaks than during any year in the past decade. Norovirus is on the rise, along with other illnesses like salmonella and E. coli. Around 3,000 Americans die from diseases transmitted through food each year.

So what does this mean for the U.S. consumer who wants to just eat a darn salad without any trips to the bathroom – or the hospital? This month, *you should know* what foods to watch out for, how to prevent foodborne illness in your own home and why an increase in reported outbreaks might actually be good news.

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BY THE NUMBERS

3,000

According to the CDC, about 3,000 Americans die from a foodborne illness every year.

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VIDEO BOOKMARK

The CDC in Action

This video shows how the CDC investigates and solves foodborne illness outbreaks using three types of data.

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- GET YOUR COPY: WINNING YOUR CASE: 21 QUESTIONS YOU MUST ASK BEFORE HIRING A LAWYER. AVAILABLE NOW!

NOT JUST LETTUCE AND RAW MEAT

Here are 11 foods that caused illness last year, including a couple of surprising culprits. Pistachios?!

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